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AESTHETICS  
— AND —  
PLASTIC SURGERY

## FAQ's about Botox® Cosmetic

**What is Botox® Cosmetic?** A protein placed specifically in the muscles of the forehead or crow's feet around the eyes used to selectively decrease muscle function and prevent the formation of wrinkling and deep lines. Botox® Cosmetic improves the appearance and decreases the prominence of existing frown lines, forehead furrows or crow's feet. Injections are usually repeated every three to four months to maintain results.

**Why might I consider Botox® Cosmetic?** Looking younger and improving facial appearance often may be attained through non-surgical solutions such as using Botox or in conjunction with facial surgery or other procedures and skin care. Decreasing animation and frown lines can make you look less tired and angry creating a more fresh and bright look.

**Who chooses Botox® Cosmetic?** Age does not define candidates for facial rejuvenation. Women and men of various ages choose facial rejuvenation to delay or improve visible indications of facial aging. Millions of patients safely undergo Botox Cosmetic every year in the United States alone. These factors generally define good candidates for Botox® Cosmetic:

- You can clearly define why you want the injection
- You understand what Botox® Cosmetic can and cannot accomplish
- You accept the risks of Botox® Cosmetic and your responsibilities as a patient
- You are healthy, emotionally secure and stable
- You accept that you will need to make healthy lifestyle choices to maintain the results achieved by Botox® Cosmetic
- You have realistic expectations and are willing to accept minor asymmetries

## What do I need to know about Botox® Cosmetic?

- Results are not permanent and will need to be re-injected every 3 to 6 months to maintain results
- Common side effects are minimal bruising and numbness but are minimal and short in duration
- You should understand that all cosmetic procedures carry the potential for risks which will be fully discussed with you during your consultation

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