



CENTER FOR
AESTHETICS
— AND —
PLASTIC SURGERY

Steven L. Ringler, M.D., F.A.C.S.

CURRICULUM VITAE

Experience and Training

2009–present

Co-founder, Center for Aesthetics and Plastic Surgery, Grand Valley Surgical Center, Grand Rapids, Michigan

1998–present

Clinical Professor, Michigan State University Department of Surgery, Division of Plastic Surgery

1997–present

Program Director, Plastic Surgery Residency, Grand Rapids Medical Education and Research Center/Michigan State University

1997–1999

President, Michigan Academy of Plastic Surgeons

1995–1997

Secretary/Treasurer, Michigan Academy of Plastic Surgeons

1993–present

Chairman, Annual Virgin Islands Workshop in Plastic Surgery

1992–1998

Associate Clinical Professor, Michigan State University Department of Surgery, Division of Plastic Surgery

1992–1997

Associate Program Director, Plastic Surgery Residency, Grand Rapids Medical Education and Research Center/Michigan State University

1984–1992

Assistant Clinical Professor, Michigan State University Department of Surgery, Division of Plastic Surgery

1983–1984

Clinical Instructor, Michigan State University Department of Surgery, Division of Plastic Surgery

Board Certification

American Board of Plastic Surgery, Inc., 1983

Michigan Medical Practice Board, 1978

ACLS Recertification

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Current Hospital Appointments

2008–present

Grand Valley Surgical Center, Grand Rapids, Michigan

1982–present

Spectrum Health Butterworth Campus, Grand Rapids, Michigan

1982–present

Spectrum Health Blodgett Campus, Grand Rapids, Michigan

Post-doctoral Fellowships

July 1982 – December 1982

Microsurgery Fellowship, Southern Illinois University, Springfield, Illinois

July 1980 – June 1982

Resident in Plastic Surgery, Butterworth Hospital, Grand Rapids, Michigan

July 1978 – June 1980

Resident in General Surgery, Michigan State University/Butterworth Hospital, Grand Rapids, Michigan

March 1977 – March 1978

Intern, Butterworth Hospital, Grand Rapids, Michigan

Education

1977

Michigan State University, M.D.

1973

Michigan State University, B.S.

1969

Dondero High School, Royal Oak, Michigan

Honors and Awards

2008, Stephen J. Pratt Award for Volunteer Service – Operation Smile

2003, Best Doctors in Grand Rapids, Michigan

1996-2008, Best Doctors in America

1990, Best Research Award, GRAMEC Research Day

1990, Best Research Award- Capsular Flap, Michigan Academy of Plastic Surgeons

Teacher of the Year, Grand Rapids Area Medical Education Center

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Membership: Professional Organizations

American Society of Plastic Surgeons, Inc.
Michigan State Medical Society
American Society for Aesthetic Plastic Surgery
Kent County Medical Society
American Medical Association
American College of Surgeons, Fellow
Michigan Academy of Plastic Surgeons
American Society for Reconstructive Microsurgery
Association of Academic Chairmen in Plastic Surgery
International Society of Hair Restoration Surgery
American Academy of Cosmetic Surgery

Leadership

Surgical Education Committee, Spectrum Health Downtown Campus, Grand Rapids, MI
Academic Advisory Council, Grand Rapids Medical Education & Research Center
Graduate Medical Education Committee, Grand Rapids Medical Education & Research Center
Pre-requisite Training Committee, Association of Academic Chairmen in Plastic Surgery
Academic Advisory Council, Association of Academic Chairmen in Plastic Surgery
Task Force on Resident Education in Plastic Surgery, Association of Academic Chairmen in Plastic Surgery
New Member Committee, American Society of Aesthetic Plastic Surgery
Spokespersons Network, American Society of Plastic Surgeons

Volunteerism

Operation Smile

2008, Plastic Surgery Team Leader, Morocco Mission
2007, Plastic Surgery Team Leader, Nicaragua Mission
2006, Plastic Surgery Team Leader, Paraguay Mission
2005, Member, Plastic Surgery Team, China Mission
2004, Plastic Surgery Team Leader, China Mission
2002, Plastic Surgery Team Leader, Thailand Mission
2000, Plastic Surgery Team Leader, Thailand Mission
1999, Plastic Surgery Team Leader, Thailand Mission
1998, Plastic Surgery Team Leader, Thailand Mission
1997, Plastic Surgery Team Leader, Thailand Mission
1995 – Present, Medical Director, Michigan Chapter
1994, Plastic Surgery Team Leader, Moscow Mission
1991, Plastic Surgery Team Leader, Kenya Mission
1989, Plastic Surgery Team Leader, Kenya Mission

Veteran's Day "Thank You"

2009, Founder, Providing free plastic and reconstructive surgery for Michigan war veterans

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Publications

Short K, Hunstad J, Ringler SL and Bengtson BP. "Reduction Mammoplasty: A Safe and Effective Outpatient Procedure," *Journal of Aesthetic Plastic Surgery*. Vol 20: 513-518. 1996

Goldman BE, Fisher DM and Ringler SL. "Transcutaneous PO₂ of the Scalp in Male Pattern Baldness: A New Piece to the Puzzle," *Journal of Plastic and Reconstructive Surgery*. Vol 97, 6. May 1996

Maxwell-Davis G, Bengtson BP and Ringler SL. "Reduction Mammoplasty, Long Term Efficacy, Morbidity and Patient Satisfaction," *Journal of Plastic and Reconstructive Surgery*. Vol 96, 5. Oct 1995

Bengtson BP, Ringler SL, George ER, DeHaan MR and Mills KA. "Capsular Tissue: A New Local Flap," *Journal of Plastic and Reconstructive Surgery*. Vol 91, 6. May 1993

Ringler SL, Franz P, Blocksma R and Brundage S. "Massive Injection of Liquid Silicone for Hemifacial Atrophy," *Annals of Plastic Surgery*. Vol 20, 2. Feb 1988

Polley JW and Ringler SL. "The Use of Teflon in Orbital Floor Reconstruction Following Blunt Facial Trauma: A Twenty-year Experience," *Journal of Plastic and Reconstructive Surgery*. Vol 79. 1987

Finkle DR, Ringler SL, Luttenton CR, Beernink JH, Peterson NT and Dean RE. "A Comparison of the Diagnostic Tests Used in Maxillofacial Trauma," *Journal of Plastic and Reconstructive Surgery*. Vol 75. 1985

Ringler, SL. "Teflon in Orbital Floor Reconstruction Following Blunt Facial Trauma: Twenty Years Experience," *Plastic Surgical Forum*. Kansas City. 1985

Ringler, SL. "Injection of Liquid Silicone for Hemifacial Atrophy," *GRAMEC Research Proceedings*. 1985

Ringler, SL. "A Comparison of the Diagnostic Methods Used in Maxillofacial Trauma," *Plastic Surgical Forum*. Vol 6, 44. 1983

Ruebeck DF and Ringler SL. "Long Term Follow-up in Lower Extremity Microvascular Free Tissue Transfer: Aesthetic Results and Patient Satisfaction," Submitted for publication.

Presentations

Ringler, SL. A Single Surgeons Abdominoplasty Experience -Twenty Years. Virgin Island Workshop in Plastic Surgery. Jan 2009

Ringler, SL. MACS Lift – Five Year Experience. Virgin Island Workshop in Plastic Surgery. Jan 2007

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- Ringler, SL. Reduction Mammoplasty. Virgin Island Workshop in Plastic Surgery. Jan 2006
- Ringler, SL. "The Bottom Line." Virgin Island Workshop in Plastic Surgery. Jan 2006
- Ringler, SL. Lower Lid Blepharoplasty with Orbicularis Suspension. Virgin Island Workshop in Plastic Surgery. Jan 2006
- Ringler, SL. Direct Lateral Thigh Lift. Virgin Island Workshop in Plastic Surgery. Jan 2005
- Ringler, SL. Early Experience with IPL Therapy. Virgin Island Workshop in Plastic Surgery. Jan 2004
- Ringler, SL. Platysmaplasty Revisited. 15th Annual British Virgin Islands Workshop in Plastic Surgery. Tortola, BVI. Jan 22-26, 2001
- Ringler, SL. Endoscopic Browlift. 15th Annual British Virgin Islands Workshop in Plastic Surgery. Tortola, BVI. Jan 22-26, 2001
- Ringler, SL. Safety of Liposuction Under General Anesthesia. 14th Annual British Virgin Islands Workshop in Plastic Surgery. Tortola, BVI. Jan 24-28, 2000
- Ringler, SL. Saline Augmentation: A Ten Year Experience. 14th Annual British Virgin Islands Workshop in Plastic Surgery. Tortola, BVI. Jan 24-28, 2000
- Ringler, SL. Laser Assisted Hair Removal. 13th Annual British Virgin Islands Workshop in Plastic Surgery. Tortola, BVI. Jan 25-29, 1999
- Ringler, SL. Ear Reattachment Without Microsurgery: A Case Report. 13th Annual British Virgin Islands Workshop in Plastic Surgery. Tortola, BVI. Jan 25-29, 1999
- Ringler, SL. Modified Facelifts and Neck Contouring. 13th Annual British Virgin Islands Workshop in Plastic Surgery. Tortola, BVI. Jan 25-29, 1999
- Ringler, SL. The Role of Skin Care in a Plastic Surgery Office. 12th Annual British Virgin Islands Workshop in Plastic Surgery. Tortola. Jan 26-30, 1998
- Ringler, SL. Hair Restoration. 40th Annual Meeting of the Ohio Valley Society for Plastic and Reconstructive Surgery. Indianapolis, Indiana. June 6-8, 1997
- Ringler, SL. Laser Assisted Hair Removal. 11th Annual British Virgin Islands Workshop in Plastic Surgery. Tortola. Jan 1997
- Ringler, SL. Hair Transplantation - Plastic Surgery Grand Rounds. Butterworth Hospital. Grand Rapids, Michigan. June 5, 1996

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Ringler, SL. Laser Resurfacing: Pre-Op and Post-Op Protocol. Society of Plastic Surgical Skin Care Specialists. Orlando, Florida. April 27, 1996

Ringler, SL. Hair Transplantation - The Role in a Cosmetic Surgery Practice. 10th Annual British Virgin Islands Workshop in Plastic Surgery. Tortola. Jan 1996

Ringler, SL. Transcutaneous PO₂ and Hair Micrograft Growth: An In Vitro and In Vivo Study. International Society of Hair Restoration Society. Las Vegas, Nevada. Sep 9, 1995

Ringler, SL. The Effect of Hair Micrograft Surgery on Scalp Oxygen Levels. GRAMEC Research Day. Grand Rapids, Michigan. April 1995

Ringler, SL. Refinements in Reduction Mammoplasty. Alpine Workshop. Zermat Switzerland. Feb 1994

Ringler, SL. Refinements in Reduction Mammoplasty. 8th Annual British Virgin Island Workshop in Plastic Surgery. Tortola. Jan 1994

Ringler, SL. Early Treatment of Hemangiomas with Flashlamp Pulse Dye Lasers. 8th Annual British Virgin Island Workshop in Plastic Surgery. Tortola. Jan 1994

Ringler, SL. Reduction Mammoplasty, Long Term Efficacy, Morbidity, and Patient Satisfaction. American Society of Plastic and Reconstructive Surgeons. New Orleans, Louisiana. Sep 1993

Ringler, SL. Pediatric Wound Management. Kenyatta National Hospital. Nairobi, Kenya. Sep 1991

Ringler, SL. Capsular Tissue: A New Local Flap. American Society of Plastic and Reconstructive Surgeons. Seattle, Washington. Sep 1991

Ringler, SL. Post-Traumatic Breast Reconstruction. British Virgin Island Workshop in Plastic Surgery. Tortola. Jan 1990

Ringler, SL. Early Excision and Grafting, Kenyatta National Hospital. Nairobi, Kenya. Sept 1989

Ringler, SL. A Comparison of Teflon and Silastic in Orbital Floor Reconstruction. British Virgin Island Workshop in Plastic Surgery. Tortola. 1987

Ringler, SL. A Comparison of Teflon and Silastic in Orbital Floor Reconstruction, GRAMEC Research Day. Grand Rapids, Michigan. 1987

Ringler, SL. A Comparison of Teflon and Silastic in Orbital Floor Reconstruction. American College of Surgeons. Michigan Chapter. Grand Rapids, Michigan. 1987

Ringler, SL. A Comparison of Teflon and Silastic in Orbital Floor Reconstruction. Midwest Association of Plastic and Reconstructive Surgeons. Springfield, Illinois. 1987

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Ringler, SL. Occult Carcinoma and Reduction Mammoplasty: Determination of Incidence and Significant Risk Factors. GRAMEC Research Day. 1986

Ringler, SL. Microvascular Reconstruction of a Massive Facial Injury: A Case Report. GRAMEC Research Day. 1986

Ringler, SL. Reduction Mammoplasty: Evaluation of Complications, Methods and Occurrences of Occult Carcinoma. GRAMEC Research Day. 1986

Ringler, SL. Myelomeningocele Closure in Neonates: A Comparative Analysis of Surgical Repair Methods. GRAMEC Research Day. 1986

Ringler, SL. The Use of Teflon in Orbital Floor Reconstruction Following Blunt Facial Trauma. American Society of Plastic & Reconstructive Surgeons. Kansas City. Oct 1985

Ringler, SL. Massive Injection of Liquid Silicone for Hemifacial Atrophy. Kent County Medical Society Annual Research Presentation. Grand Rapids, Michigan. 1985

Ringler, SL. The Use of Teflon in Orbital Floor Reconstruction Following Blunt Facial Trauma: A Twenty Year Experience. Michigan State University Surgical Research Day. East Lansing, Michigan. May 1985

Ringler, SL. Treatment of Massive Gunshot Wound of the Face. Case Report, Flap Workshop. Norfolk, Virginia. 1st Place Resident Competition. 1985

Ringler, SL. Discovery of Occult Carcinoma During Reduction Mammoplasty. GRAMEC Research Day. Oral Presentation, 2nd Place, Best Case Report. 1985

Ringler, SL. Reduction Mammoplasty: A Safe and Effective Outpatient Procedure. GRAMEC Research Day. Grand Rapids, Michigan. April 1985

Ringler, SL. Massive Injection of Liquid Silicone for Hemifacial Atrophy. GRAMEC Research Day. Grand Rapids, Michigan. 1985

Ringler, SL. The Effect of Oxygen Administration on Skin Flap Survival in the Smoke-Exposed Rat. GRAMEC Research Day. Grand Rapids, Michigan. 1985

Ringler, SL. Massive Injection of Liquid Silicone for Hemifacial Atrophy. Michigan State University Research Day. Lansing, Michigan. 1985

Ringler, SL. A Comparison of the Diagnostic Methods Used in Maxillofacial Trauma. Midwest Surgical Society. June 1984

Ringler, SL. Salvage of a Total Knee Prosthesis with a Free Latissimus Dorsi Flap. GRAMEC Research Day. April 1984

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Ringler, SL. A Comparison of the Diagnostic Tests Used in Maxillofacial Trauma. American Society of Plastic & Reconstructive Surgeons. Dallas. Nov 1983

Ringler, SL. A Treatment of Velopharyngeal Insufficiency Using Retropharyngeal Proplast Implants. American Cleft Palate Association. Denver. April 1982

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